

# 8 African highlights to stream on Showmax, from *Love Island* in Cape Town to *Sol Family* in Kenya to *Big Brother* in Nigeria

Issued by [Showmax](#)

27 Aug 2020

*Rafiki beats out Pain and Glory, Portrait Of A Lady On Fire and Brittany Runs A Marathon to win Glaad Media Award*

[Life With Kelly Khumalo](#) | Watch eps 1-6 now; eps 7-13 due 27 August 2020

A household name by 21, Kelly Khumalo is one of South Africa's biggest music stars. She's been named Best Female Artist at the South African Music Awards, sold millions of albums, opened for Grammy-winner Missy Elliott and has over 1.7 million followers on Instagram alone.

But in recent years, her stardom has been dogged by controversies, from her turbulent relationship with her son's father, hip-hop star Jub Jub, and the conspiracy theories surrounding the death of her daughter's father, Bafana Bafana captain Senzo Meyiwa to her recent 'divorce' from her sister, Zandie.

*Life With Kelly Khumalo* offers an intimate glimpse of the woman behind the headlines: a single mother of two, juggling parenting with the build-up to the release of not just her new album, *Voice of Africa*, but also her first gin, appropriately titled *Controversy* - both threatened by South Africa's unprecedented Covid-19 lockdown.

"I've always been an authentic person," says Kelly. "So this reality show is not so much about trying to explain myself or trying to win people over. I just want people to see me for who I am. All I can do is live my truth and let people be inspired by that."

[Rafiki](#) | Watch now

At the end of July 2020, *Rafiki* was named Outstanding Film - Limited Release at the GLAAD Media Awards, which recognise and honour media for their fair, accurate and inclusive representations of the lesbian, gay, bisexual, transgender and queer (LGBTQ+) community and the issues that affect their lives. *Rafiki* beat out the likes of Pedro Almodóvar's *Pain and Glory*, nominated for both Oscars and Golden Globes this year; 2020 Golden Globe and Bafta nominee *Portrait of A Lady On Fire*; Sundance audience award winner *Brittany Runs a Marathon*; and South African favourite *Kanarie*, starring Schalk Bezuidenhout.

"Good Kenyan girls become good Kenyan wives," but Kena (Samantha Mugatsia, who won Best Actress at Carthage 2018 and Fespaco 2019 for the role) and Ziki (Sheila Munyiva) long for something more. When love blossoms between them, the two girls are forced to choose between happiness and safety.

*Rafiki* has a 94% critics rating on *Rotten Tomatoes*, with *Variety* calling it "impossible not to celebrate"; *RogerEbert.com* "a lyrical ode to finding a kindred spirit amidst an uncaring majority"; *AV Club* "bursting with life"; and *Washington Post* "a small revelation, not least because it marks the breakthrough of a filmmaker of such exhilarating, cheerfully courageous vision."

*Rafiki* was nominated for the Un Certain Regard and Queer Palm Awards at Cannes 2018. The movie catapulted director Wanuri Kahiu onto *Time Magazine*'s 100 Next list in 2019 and launched her career internationally. She's now adapting Octavia Butler's *Wild Seed* for Amazon Prime and Ali Benjamin's *The Thing About Jellyfish* for Universal, among other projects.

[Big Brother Naija S5](#) | Watch now, with evictions at 7pm every Sunday

*Big Brother Naija Lockdown*, which started on 19 July, has already broken a Showmax live-streaming record and become the most-watched live entertainment content ever on the streaming service. If watched back to back, the collective number of hours of the show streamed this season already add up to almost 30 years' worth of viewing.

This year Showmax is live streaming the full show 24/7, and judging by the viewing statistics, BBNaija fans have enthusiastically taken to watching it online. The evictions are the most popular part of the show, with viewing peaking at 7pm on Sundays.

Interestingly, while Nigeria accounts for almost 50% of the viewing hours, South Africans are also big fans, with 30% of the viewing happening in SA, and another 15% happening in Kenya.

Capitalising on the success of *BBNaija* and the massive interest in the evictions, in a new development Showmax has added the *Big Brother Naija Nomination Show*. During the live eviction show, the contestants are called in by Big Brother to vote out two housemates. These Diary Room voting sessions, which aren't seen in the course of the live stream show, are now available every Monday evening to watch on Showmax.

With the *Big Brother Naija S5* finale coming up fast on 27 September 2020, and also being live streamed on Showmax, more viewing records are expected to fall.

### [The Train Of Salt And Sugar](#) | Watch now

Mozambique is in the midst of civil war. A single train connects Nampula to Malawi. No civilians are allowed and yet hundreds risk their lives through 700km of sabotaged tracks. Salomão and Taiar are two soldiers who don't get along. Rosa is a young nurse on her way to her first job, who soon becomes an object of desire. Mariamu, her close friend, only hopes to trade salt for sugar. Amongst bullets and laughter, life goes on and stories unfold as the train advances under attack, ever so slowly, towards the next stop.

Directed by award-winning Mozambican filmmaker Licínio Azevedo (*Virgin Margarida*), and co-produced by South Africa's Urucu Media (*The Wound, This Is Not A Burial, It's A Resurrection*), *The Train of Salt and Sugar* won the Independent Italian Critics Award for best film at Locarno 2016, as well as Best Film at Carthage and Johannesburg, not to mention Best Director at Cairo, among other honours.

*The Hollywood Reporter* called it: "Stirring and heartfelt... An epic tale of peril and endurance on an arduous cross-country journey," while *Variety* called it "a harrowing account of the extraordinary risks ordinary people were forced to take in order to survive the country's brutal civil war."

[Love Island UK S6](#) | 5 eps every Saturday; binge from 26 September

For South African fans dying to see the latest season of the Bafta-winning reality show *Love Island UK*, the long wait is finally over. And it's all the more delicious because this is the season that was filmed at a villa in Constantia, Cape Town.

Laura Whitmore of *Strictly Come Dancing* and *'m a Celebrity, Get Me Out of Here!* fame is this season's new host for the drama-packed reality show, where single hopefuls flirt, date, break up and make up while trying to capture the hearts of viewers, who will vote for their favourite couple to take home the £50k prize money.

[Joko ya Hao](#) | Watch now

Inspired by the life of struggle icon Winnie Madikizela-Mandela, the 30-minute short film "Joko Ya Hao" tells the story of Nozizwe, a deeply spiritual Christian woman whose convictions lead her to defy the gender norms of the 1950s and those who believe women don't belong in politics, leaving her village in Gracetown to fight the oppressive regime and seek help for her people.

Nominated for a 2020 Safta for Best Short Film, "Joko Ya Hao" is directed by Safta-winner Mmabatho Montsho (*Thula's Vine*) and stars Sama-winning songstress Simphiwe Dana alongside the likes of Jet Novuka (*Uzalo, Yizo Yizo*), Khanya Mkangisa (*The Queen*), Elliot Makhubo (*Rhythm City*) and Wandile Molebatsi (*A Million Colours*).

**Sol Family** | Watch now, new episodes every Monday

Sauti Sol have won an MTV Africa Music Award for Best Group, an MTV Europe Music Award for Best African Act and four All Africa Music Awards. They've dined and danced with Barack Obama at State House. They've collaborated with Sho Madjozi, Patoranking, Tiwa Savage, Spoek Mathambo, Yemi Alade and India Arie. They've had over 150 million views on YouTube. And now, they are offering their fans a glimpse into their lives with the brand-new reality series *Sol Family*, created by Eugene Mbugua (*Our Perfect Wedding*).

The 13-part series, which also airs on Maisha Magic Plus, explores the lives of band members Bien, Chimano, Polycarp and Savara, exploring how it all began, their music-making process, and the relationships that matter most to them. *Sol Family* also introduces Niri the storyteller and Bensoul, the two artists who make up Sauti Sol's passion project, Sol Generation family – a record label launched by the band in 2019 to build their legacy and nurture young music talents in Kenya.

**Mother To Mother** | From 26 August 2020

A filmed account of the stage version of Sindiwe Magona's novel about the tragic killing of Amy Biehl during the pre-

election violence of 1993, *Mother to Mother* explores the difficult channels of forgiveness, redemption and reconciliation from the perspective of the mothers of the killer and the victim. Based on the intimate one-woman play staged by singer, actress and playwright Thembi Mtshali, *Mother to Mother* seeks an understanding from the mother as she explains the direct consequences of Apartheid, which influenced her son's actions. Interspersed with the filmed theatrical production are personal interviews with Magona and Mtshali, as well as with students from the Western Cape.

Directed by Sara de Gouveia (*The Sound of Masks*, *Mama Goema*), *Mother to Mother* comes to Showmax straight from its world premiere at the 2020 Encounters International Documentary Film Festival, who praised the documentary as "an engaging and thought-provoking work of cinema that expands our collective humanity."

### But wait, there's more

- Look out for African stars in key roles in a host of international films and series, including South Africa's Charlize Theron in an Oscar-nominated performance in [Bombshell](#), Kenya's Edi Gathegi in [Briarpatch](#), and Nigeria's Weruche Opia in [I May Destroy You](#)
- In [Dinner At Somizi's](#), Somizi treats famous friends like Jub Jub, Moshe Ndiki, Rami Chuene, Siya Kolisi and Zahara to his favourite dishes. This delectable show comes express from 1Magic every Friday
- In [Cas Oppi Kassie](#), beloved comedian Casper de Vries makes his long-awaited return with a fresh comedy sketch series guest starring the likes of Schalk Bezuidenhout, Mila Guy, De Klerk Oelofse, and Arno Greeff
- In [The Essentials](#), filmmaker Dirk Smit follows the lockdown experiences of ordinary South Africans, finding glimmers of hope, creativity and resilience
- In [The Recce](#), Greg Kriek (*Rogue*) stars as Henk Viljoen, mistakenly declared killed in action behind enemy lines during the Angolan war. Jacques van Tonder was nominated for Best Cinematography at Camerimage 2018

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