

## Spinach and potato hotpot

As we head for winter, hearty and hot dishes become the order of the day. Here's how to make this hearty one-pot hotpot:



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## Ingredients

- · One bunch of fresh spinach
- Four potatoes, chopped into chunks
- · Four tomatoes, chopped into chunks
- · One onion, chopped finely
- · Two tablespoons oil
- 1/2 teaspoon salt
- 1/4 teaspoon of curry powder
- 1/4 teaspoon of turmeric

## **Method**

- Cook potatoes until tender, drain and set aside
- Fry chopped onions in oil and add spices.
- Add potatoes and cover in onion mix.
- Add tomatoes and cook for another two minutes.
- Add spinach and cook until just wilted.
- Mix together well and serve with rice or samp and beans

Leozette Roode for HSI, Africa

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