

Kenya: Alice Wanjiru, "Now it's no meat, less ugali"

NAIROBI: With the UN World Food Programme already feeding up to 1.2 million hungry Kenyan hundreds of thousands more - the urban poor and those in drought-affected areas - are grappling with shortages, high food prices and the impact of post-election violence in early 2008, which contributed to a reduction in food production in the country's agricultural areas.

On 15 January 2009, IRIN spoke to Alice Wanjiru, 44, a resident of Nairobi's largest informal settlement, Kibera, who survives by selling vegetables in the sprawling slum:

"The prices of most foodstuffs have almost doubled since last year; my husband, our three children and I have had to make changes in what we eat and the quantities of food. Instead of using the whole 2kg pack of unga [maize meal] we now use a half or three-quarters to make ugali [porridge made out of maize meal] And now we never eat meat.

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